

# CREATIVE HEALING: MUSIC AS THERAPY

The power of music is universal and can be used as a tool in addressing the complexities of pediatric chronic pain.

**AUGUST 7th, 2020 12-1:30 PM (PDT)**

We have all experienced the magic of music - it can evoke memories, help process emotions, and inspire the imagination. Youth with chronic pain have unique challenges that require a specialized approach focused on creativity as a way to "rewire" the brain. Music therapy is an excellent example of an evidence-based method for healing from the inside out.

**Creative Healing for Youth in Pain (chyp) and Children's Music Fund (CMF) are jointly hosting a free online community event to explore the benefits of music therapy for youth with chronic pain. This event features a panel of experts - including a demonstration from a teen with chronic pain! After the presentation there will be a Q+A.**



[www.mychyp.org](http://www.mychyp.org)



[www.thecmf.org](http://www.thecmf.org)

**FREE EVENT**

**Reserve your  
spot today!**

## PRESENTERS

**Jon Samson, MA MTBC**, First board certified music therapist in history to receive a Grammy® - First native South African to win for Best Children's Album - Founded CoCreative Music® - a unique combination of music therapy, audio/video production, artistic mentoring and life coaching to inspire "The Child Archetype" in all ages

**Raffi Tachdjian, MD, MPH**, Assistant Clinical Professor of Medicine and Pediatrics in the Divisions of Allergy and Clinical Immunology at the David Geffen School of Medicine at UCLA - Voted one of the UCLA Health System's Best Doctors - Selected to receive the Editors' Choice Award by The Journal of Allergy and Clinical Immunology - Founder & President of the Children's Music Fund

**Talin Babikian, PhdD, ABPP**, Board-certified clinical neuropsychologist - Associate Clinical Professor in the Division of Child and Adolescent Psychiatry at the David Geffen School of Medicine at UCLA - Associate Director of BrainSPORT at UCLA, where she oversees the Sports Neuropsychology Fellowship training program

**Dr. Lonnie Zeltzer**, Distinguished Research Professor of Pediatrics, Anesthesiology, Psychiatry and Biobehavioral Sciences at the David Geffen School of Medicine at UCLA - Director of the UCLA Pediatric Pain Research Program - Co-Director of the Whole Child LA Pain Clinic - President of Creative Healing for Youth in Pain - Author of *Pain in Children and Young Adults: The Journey Back to Normal*

**Jenna Bollard, MA, MT-BC, CCLS, RMT**, Music Therapist - Multi-certified Child Life Specialist - Reiki Practitioner - Meditation instructor with specializations in Music Therapy Assisted Childbirth, NICU Music Therapy and Neurologic Music Therapy - Expressive Arts Therapies Manger at UCLA Mattel Children's Hospital

[https://creativehealing-music\\_as\\_therapy.eventbrite.com](https://creativehealing-music_as_therapy.eventbrite.com)